

GUIDED TOURS & SKI JUMPING

LIVE SKI JUMPING with SPORTS TOUR (May – October)

Experience a personal meet & greet with a ski jumper who will perform three ski jumps exclusively for you and your guests (*depending on wind and weather conditions*).

Price for about 60 minutes € 276,- /group (max. 25 people)

STADIUM TOUR – SPORTS TOUR with INSIDER KNOWLEDGE

Meet a ski jumper who will give you an insight into the sport, their experience and insider knowledge. You will get impressed with great reports about competitions, equipment and what it means for a ski jumper to sit on the "Zitterbalken". Upon explicit request, your guide will go into more detail about the history & architecture of the historic Bergisel.

Price for about 50 minutes € 132,- / group (max. 25 people)

SITTING on the "ZITTERBALKEN"

Experience what it's like to sit on the "Zitterbalken" (*professionally secured by the Bergisel Ski Jumping Team*) and feel the adrenaline rush of a ski jumper before sliding down the ski jumping track - an unforgettable experience! However, this is not a guided tour. Your ski jumping insiders will be happy to answer a few questions but will not go into as much detail as on a guided tour. We therefore recommend that you combine sitting on the beam with a guided sports tour.

Price € 192,- / group (max. 25 people)

Please note that the entrance fee is NOT included in the price of the guided tour and will therefore be charged additionally.



BOOKING INFORMATION

Please book your tour on time by sending an email to office@bergisel.info.

For groups with more than 25 guests a second guide is necessary.

As the sports guides come to the Bergisel stadium only for your tour, the following fees will be charged in case of a short-term cancellation:

- 0% for a cancellation up to 48h before your visit
- 50% for a cancellation between 48h before you visit and 4pm on the previous day of your visit
- 100% for a cancellation after 4pm on the previous day of your visit or in case of non-appearance

Prices incl. 20% VAT, valid until 31.12.2026

WHAT SHOULD I BEAR IN MIND WHEN VISITING THE "TREMBLING BEAM" (ZITTERBALKEN)?

Sitting on the so-called "trembling beam" (Zitterbalken) in the Bergisel Ski Jumping Stadium is certainly a highlight. To ensure that this experience remains unforgettable, the following instructions must be followed:

- The instructions of the guides are to be followed in full and immediately.
- The safety equipment provided must – in any case – be used and solely for the intended purpose. The safety device (in particular the safety belt) is construed as a "safety device" and is, therefore, not intended for active use (similar to Bungee Jumping). The visitor must not release the safety device by themself.
- The pockets of your clothing (especially trouser pockets) must be emptied – primarily – for safety reasons (in particular, all sharp objects such as keys must be removed).
- If you suffer from nausea, dizziness, balance disorders, fear of heights, other immune disorders (e.g. diabetes), etc., please inform the guides immediately or refrain from participating in the experience in such a case.
- The guides expressly reserve the right to disallow people to sit on the trembling beam (Zitterbalken) if a safe experience does not seem possible (e.g. because of external factors such as weather, wind, or because of drug use, excessive alcohol consumption, or similar).
- Bergisel Betriebsgesellschaft m.b.H. (as well as the external guides conducting the experience "sitting on the trembling beam (Zitterbalken)", in particular the Bergisel Ski Jumping Team) expressly decline any liability – except for grossly negligent or intentional conduct – for lost or damaged objects of the visitors (e.g. for dropped objects of the visitors such as smartphones, cameras, etc.) as well as for other damages or disadvantages of the visitors, which could occur due to nausea, dizziness, impaired balance, fear of heights, other immune diseases (e.g. diabetes), drug or alcohol consumption in connection with the experience "sitting on the trembling beam (Zitterbalken)".

We look forward to welcoming you back to the Bergisel Ski Jumping Stadium soon.

Dated: October 2025